

As a member of Toastmasters International and Toastmasters

I Promise:

• To attend club meetings regularly

• To prepare all my projects to the best of my ability, basing them on the Toastmasters education program

• To prepare for and fulfil meeting assignments

• To provide fellow members with helpful, constructive evaluations

• To help the club maintain the positive, friendly environment necessary for all members to learn and grow

• To serve my club as an officer when called upon to do so

• To treat my fellow club members and our guests with respect and courtesy

• To bring guests to club meetings so they can see the benefits Toastmaster’s membership offers

• To adhere to the guidelines and rules for all Toastmasters education and recognition programs

• To act within Toastmasters’ core values of integrity, respect, service and excellence during the conduct of all Toastmasters activities