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| What can  Toastmasters  do for you? |  | |
| Whether you’re a professional, student, stay-at-home parent, or retiree, Toastmasters is the best way to **build great communication skills.** You’ll learn how to successfully organize and present your ideas and yourself. Toastmasters will give you the **skills and confidence** you need to effectively express yourself in any situation.   * You’ll be a better listener * You’ll comfortably give and receive constructive evaluations  You’ll effectively develop and present ideasToastmasters training can be a wise career move:  * You’ll give better sales presentations * You’ll easily lead teams and conduct meetings * You’ll hone management skills   You already have some or all of these skills.  Toastmasters will help you to enhance them. | | |
| VISITORS ALWAYS WELCOME!  Call 0416 000 000  for more information! | | ABC Toastmasters Club  1st & 3rd Thursdays • 6:30 am - 7:45 am  **Apple Valley Community Center**  3 Bennington Drive, Balgowlah |