

Learn to Speak in Public

When you speak in public, at a work meeting or in a social situation do you experience:

- ☐ Sweaty
- ☐ Shaky hands?
- ☐ Racing thoughts?
- ☐ Pounding heart?
- ☐ Forgetting what to
- ☐ Butterflies or being nervous?
- ☐ Fear that others will notice your fear?

Speech craft is a specially designed eight week short course. One evening per week.

Visit the web site below and click on "Speechcraft" for more details and to download your registration form for the next Speechcraft course that runs from:

Thursday 25th Feb 2016 to 14th April 2016

Tenison Woods Centre, Lochinvar Place, Port Macquarie

Eliminate those fears in a fun, friendly and Supportive environment

- ☒ Attend job interviews with confidence
- ☒ Make sure your voice is heard in meetings
- ☒ Accept that job promotion in which you have to speak in public
- ☒ Learn feedback & mentoring skills that can be applied to all facets of life
- ☒ Be CONFIDENT speaking in public and communicate exactly what you intend

To discuss the Speechcraft Course contact

Michael 0435 334 026 or Roger 0415 103 661

<http://portmacquarie.toastmastersclubs.org>



WHERE LEADERS ARE MADE

www.toastmasters.org